



ALCOTT CENTER

FOR MENTAL HEALTH SERVICES

ANNUAL REPORT 2024



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FROM THE CEO'S OFFICE



In April 2024, the Alcott Center celebrated its 45th anniversary! This milestone year was marked by both new beginnings and continued growth. Over the past year, Alcott Center's programs served nearly 2,200 individuals facing various mental health and related challenges across Los Angeles County, reflecting a 20% year-over-year increase.

Looking back on the past 45 years, I am filled with gratitude for the countless individuals who have received critical mental health care through Alcott Center's services. It is truly remarkable that so many of our neighbors, friends, and family members have recognized the importance of accessible community mental health services and have supported these efforts with their time, resources, and commitment. Thanks to the shared belief and dedication of our supporters, Alcott has remained a steadfast leader in providing community-based mental health care across Los Angeles.

To honor the lasting impact of Alcott's founders and provide our supporters with an opportunity to help ensure these essential resources remain accessible for future generations, we are thrilled to announce the Tom & Penny Founders Circle. Continue reading to learn more and discover how you can join.

Finally, 2024 marked an exciting expansion of Alcott's services. Our Unarmed Model of Crisis Response program, which diverts nonviolent 9-1-1 calls to teams of trained mental health professionals, responded to nearly 2,000 calls from March to December. The outstanding success of this pilot program has led to its expansion in the coming year, along with new contracts to offer similar services. Alcott is proud to be one of the select few nonprofit organizations leading the way in Los Angeles' unarmed crisis response efforts.

The daily mental health challenges faced by so many of our family, friends, and neighbors can easily be misrepresented, misunderstood, or simply overlooked in the public sphere. I urge you to join us in de-stigmatizing mental health by raising awareness: educating those who may not understand the benefits of therapy or trauma-informed care, encouraging those who doubt they or their loved ones will ever lead a life of wellness, and empowering anyone who is skeptical about Los Angeles' housing and homelessness crisis by showing that there is hope for stability.

Nick Maiorino

NICK MAIORINO

Chief Executive Officer



1979

Founded as a supervised housing/ residential care center

1980

Onsite Mental Health services added

1986

Outpatient Program added

1999

Relocates offices to Alcott St.

2008

Focuses efforts on outpatient care

2018

Intensive Case Management Services added

2020

Interim Housing Program added

2022

Enhanced Care Management services added

2023

Relocates to Culver City

2024

Unarmed Crisis Response services added

PURPOSE & PROGRAMS



The mission of the Alcott Center is to enhance the quality of life and empower individuals faced with mental health and housing challenges as they transition toward wellness.

Mental Health

Every client who touches the Alcott Center faces a mental health challenge. Alcott's community-based outpatient mental health clinic provides comprehensive mental health care to adults all over Los Angeles County. Many clients served within Alcott's supportive housing programs are simultaneously receiving mental health care, often in their homes by our field teams. Depending on individual needs, Alcott's clients and residents receive therapy, case management, peer support, and psychiatry, at no or little cost. Alcott utilizes trauma-informed, harm reduction approaches, meeting all clients 'where they are,' thereby making every effort to not exclude anyone from accessing services.

In addition to outpatient programming, Alcott also provides unarmed crisis response services. This 24/7 programming diverts nonviolent 9-1-1 calls to teams of trained mental health professionals, who provide evidenced-based care for individuals who may be experiencing public mental health crises and/or street-level homelessness. These services have a triple benefit: providing critical relief and resources for the individuals being served, peace of mind for the concerned community members placing the calls and significantly unburdening the call volume of LA City's other emergency response teams.

Supportive Housing

In all our work with individuals navigating housing instability or homelessness, Alcott adheres to 'housing first,' an evidenced-based practice that involves providing permanent housing as a necessary precursor to receiving supportive services. Staff work closely with unhoused clients to secure permanent housing while continuing to provide supportive services after they are housed, helping to ensure housing retention.

In addition to field-based case management services, Alcott operates interim housing sites for adult men and women who have been diverted or released from incarceration and are navigating mental health challenges. Residents reside at our sites for 6 months to 2 years, during which time 24/7 staff focus on helping them to stabilize and ready for permanent housing. Once ready, staff locate the best type of permanent housing for each individual and continue to ensure housing retention once they are permanently housed.

MENTAL HEALTH

Outpatient

- Psychosocial Assessment
- Individual & Group Therapy
- Psychiatry
- Case Management

Enhanced Care Management (ECM)

- Healthcare system navigation & support

Full Service Partnership (FSP)

- Comprehensive wraparound services for those navigating severe mental health challenges

Unarmed

Crisis Response

- Diverting nonviolent 9-1-1 calls to teams of trained mental health professionals 24/7

Intensive Case Management Services (ICMS)

- Housing navigation
- Wraparound support & linkages to services & community benefits
- Reentry services

Interim Housing

- 24/7 onsite trauma-informed support
- Case management & housing support
- Nursing & medication management
- Reentry services
- Peer Support
- Life-skills classes

SUPPORTIVE HOUSING

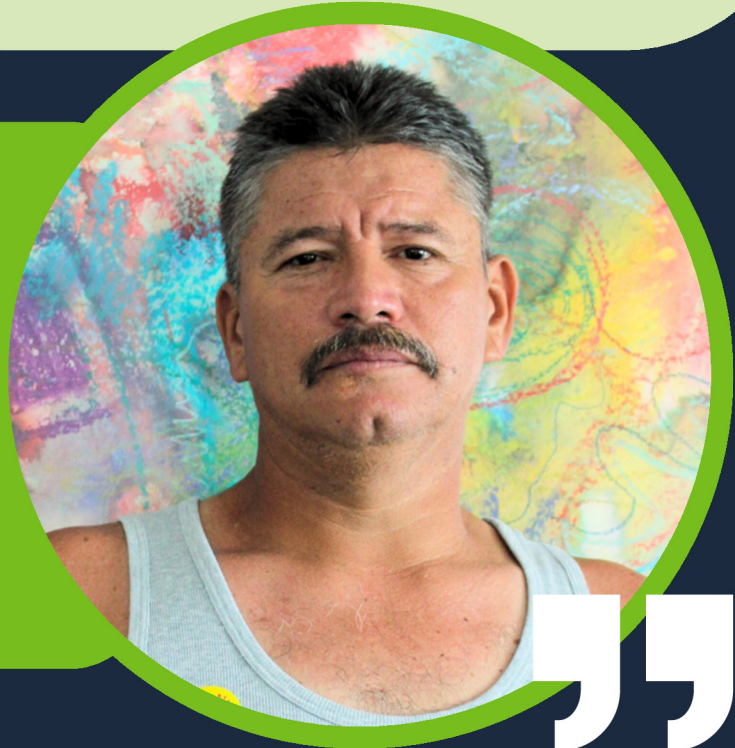
From Our Clients

Alcott saved my life and kept me off the streets, they gave me hope, and someone willing to help with no strings attached. **I am extremely hopeful for the future now, before I didn't have hope.**



I'm very thankful to have people like you working with me because every time we get denied or something doesn't go the right way, you guys always have backup plans to go about things, and that's something that I would say taught me patience. I think before I would react to things in a more negative way, so patience is something I learned with you guys after we have been through so much together.

When I got connected with Alcott I was about to be homeless. Before I got here, I didn't have anything, and Alcott really changed my life. **It's given me a sense of peace, a sense of security.** I feel way better now thinking about what it is I want to do in life.



WHO WE SERVE

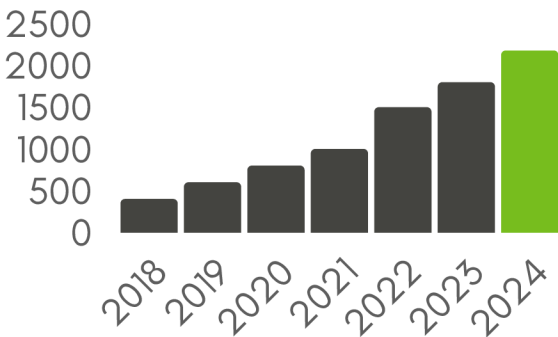
2024 Impact

Alcott Center served 2,180 unique individuals across programming in 2024. As demonstrated visually by the graph below, this represents a 20% year-over-year increase in clients served, a trend which has continued for the past 6 years as we continue to meet the growing need for accessible mental health & supportive housing services across Los Angeles County. Moreover, Alcott provided 22,573 client consultations through our mental health department. Of note, these numbers do not include individuals served through our unarmed crisis response programming, which began in March of 2024. Over that period, our teams of trained mental health professionals diverted and responded to 1,950 non-violent 9-1-1 calls.

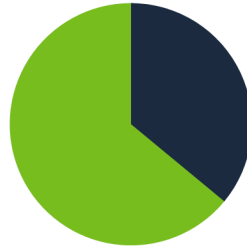
2,180 clients served agency-wide

22,573 mental health consultations

1,950 non-violent 9-1-1 calls diverted & responded to



64% - Clients served by only Mental Health programs



36% - Clients served by Mental Health & Supportive Housing programs

In company with the testimonials provided by clients within this report, Alcott conducted a survey to measure the qualitative impact of our services, reflecting positive outcomes for a significant majority of our clients: Over 80% of clients agreed or strongly agreed that they felt they were on track to meet personal goals (12% neutral), over 70% agreed or strongly agreed that their quality of life has improved (12% neutral), and nearly 80% agreed or strongly agreed that their coping abilities have improved (7% neutral).

Population Focus

Alcott Center makes comprehensive mental health and supportive housing services accessible to adults (18+) with low or no income from across Los Angeles County who are navigating a variety of mental health and related challenges.

Staff Stories

w/ **Adrienne,**
Chief Operating Officer



Q: What brought you to Alcott?

I have a social work background, formerly working as a mental health practitioner, so social justice, advocacy, and mental health services have always been strong interests of mine. I see Alcott as a continuation of this work, because when I think of advocacy I think of basic needs, which is a lot of what we do for our clients, serving those most in need in Los Angeles.

I find that my background really informs my leadership here at Alcott, making sure that advocacy, empathy, and social justice are all core values. Mental health is so important, and I always strive to make sure we're providing the most comprehensive services we can and training staff to make sure they are good stewards of our work.

WHAT'S NEW?

Unarmed Crisis Response Programming

In March 2024, Alcott began providing 24/7 unarmed crisis response services in partnership with LA City through a pilot program known as Unarmed Model of Crisis Response (UMCR). The program has been highly successful, even exceeding expectations of program partners. Community members have praised the Alcott Center's UMCR teams after witnessing the care, timeliness, and value provided by this much needed program. Alcott recently added an additional 24/7 unarmed crisis response program in partnership with LA City known as Crisis and Incident Response Through Community-Lead Engagement (C.I.R.C.L.E.), which will begin serving the community in the coming year.

Program Expansions

In 2024, Alcott added a Maternal Health component within our ICMS program, which provides unique services and resources for women who are pregnant or new mothers who are also navigating co-occurring mental health, housing, and reentry challenges. In this coming year, Alcott's programs are expected to grow significantly as well: Supportive housing programs will see a combined 80% growth in client capacity (number of clients we can actively serve at any given time), and with UMCR maturing past its pilot season and the addition of CIRCLE, Alcott's unarmed crisis response programming will effectively triple in coverage across LA City.

Tom & Penny Founders Circle

Alcott is proud to announce a new initiative for major and legacy donors: the Tom & Penny Founders Circle. Named after Alcott's founder, Tom Pritchard, and Penny Mehra, Alcott's previous Executive Director for over 36 years, the Circle is comprised of donors who have or will make a planned gift, or who give \$5,000 or more annually to support our general organizational efforts. These donors have historically played a significant role in Alcott's ability to serve our community for 45 years, and we hope to recognize their support as we look ahead in many of our events and campaign activities. More information on planned giving can be found later in this report, as well as in upcoming newsletters. If you are interested in additional information and/or joining the Tom & Penny Founders Circle, please feel free to contact Dante Cipponeri at dcipponeri@alcottcenter.org.

Re-Branding...

Stay tuned this coming year as Alcott Center is set to unveil a re-brand. While our core mission and services have remained the same for 45 years, we continue to adapt to the changing landscape of needs and evidence-based practices as we have grown to serve community members across Los Angeles County.

Staff Stories

w/ Maria,
Interim Housing Case
Manager



Q: What is something you wish more people knew about the clients you serve?

That there was a before and an after to our clients. Our clients experience traumas that lead them to a hard life, I wish people would walk a mile in their shoes so they can see the trauma they have endured and the after to our clients is the long road to recovery. It gives me pride and joy to serve my clients.

178 hours of volunteer service

The Alcott Center's mission has continued to be aided by volunteers who served their community. The work being done at the Alcott Center would not be possible without the generous support of volunteers.

FINANCIALS

Staff Stories

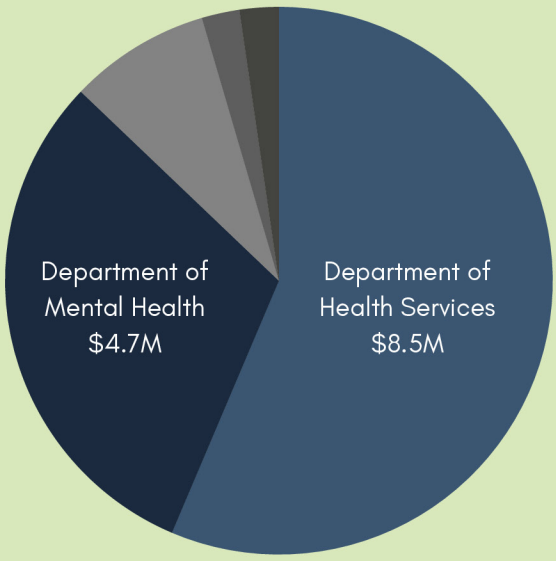
w/ Bethanie,
Clinical Case Manager



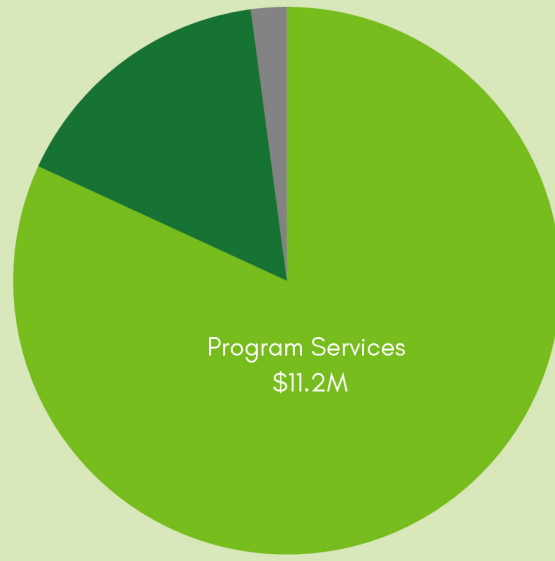
Summary



The Alcott Center continued to experience a period of rapid growth during the fiscal year ended June 30, 2024. The organization increased revenues by approximately 12% compared to the prior fiscal year while continuing to invest in much-needed infrastructure costs to support its increased program services. The organization remained mindful of expenses ensuring that 82 cents of every dollar spent benefitted its clients. The organization continues to look for opportunities to provide additional support to its clients in a sustainable and financially prudent manner. As of June 30, 2024, the agency maintained cash reserves of approximately three months of operating costs.

REVENUE- \$15.1M



EXPENSES- \$13.7M



-  Other Government: \$1.3M
-  Private Funding: \$338K
-  Other: \$349K
-  General & Administrative: \$2.2M
-  Fundraising: \$290K

Q: What does a normal day look like for you?

My days are a mixture of one-on-one therapy and case management. I do both in-person and telehealth appointments, which I feel like is a great way to expand our services because a lot of people have a hard time getting out here because of access issues.

Case management involves helping with resources, like connecting people with jobs, getting help with school if they want to go back to school, or signing up for opportunities they didn't know about like CalFresh. We help clients navigate the system of resources that's available to them.

82% of every dollar donated goes directly to supporting clients



From Our Clients



Alcott has helped me keep my sanity, and also in becoming a better person. It's helped me with housing stuff too...giving me a second chance at life is pretty cool. **Alcott has made me feel that my life does have purpose.**

Alcott has assisted me with moving into my own permanent place. Since receiving services my life is moving in a more positive direction. **I feel better about myself and not like I am worthless.** Now that my I have my housing, I am working on getting a job.



Just being able to speak to people, to speak to somebody, it helps a lot...not holding things in. I've learned how to be considerate about other people's feelings, understanding myself a little bit more, and improve my communication skills.

I have never felt this supported in my whole life. My outcome has been leading a purposeful life, free from drugs & hospitalizations. I'm forever grateful for Alcott.



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Prevention Regional Manager, All For Kids

Staff Stories

w/ Lanae,
FSP Case Manager



Q: What's your favorite part of this job?

I like how I'm able to work with my clients. A lot of the time I'm going with them to their appointments, to the mall, or to other things like that and helping them with their social skills and communication skills. I like that I'm walking with them around their neighborhood, not just sitting across from them at a desk.

It's still mental health support but it feels a little less formal, something I've noticed my clients are much more comfortable with. The individuals I work with have dealt with a lot of things, and have learned a lot of tools and skills to deal with certain things. I love talking with them every day and encouraging them to get closer and closer to their goals.

DEDICATED DONORS



at Sierra Health Foundation



CALIFORNIA DEPARTMENT OF HEALTH CARE SERVICES



The Alcott Center's arts and culture programming is supported, in part, by the Los Angeles County Board of Supervisors through the Department of Arts and Culture



TOM & PENNY FOUNDERS CIRCLE

Tom Pritchard Penny Mehra Armer Family Francesca Keck Lone Kennedy Trust Rhonda Meister Memorial Trust

MAJOR DONORS

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PLANNED GIVING

An opportunity to make a significant impact in the community by making a major gift beyond what is possible in your lifetime due to financial commitments.

Background

April 2024 marked the Alcott Center's 45th year of serving individuals throughout our community with mental health and supportive housing services. Yet the generational impact Alcott has made, and continues to make, in the lives of countless community members through our accessible services would not have been possible without generous donors who have made investments in the long-term health and wellness of their community in the form of planned giving.

What Is A Planned Gift?

Planned Giving is very simply planning to make a gift and deciding in advance what happens to your estate. It can also entail annual contributions from retirement assets. Planned gifts are generally funded from accumulated resources or assets, rather than income. It is an effective way to leave behind a legacy to ensure the future of accessible mental health and supportive housing services across Los Angeles County. Making a planned gift brings both immediate and far-reaching benefits, and you may also lower your current taxes, or lower the taxes your estate will be required to pay.

Why Planned Giving?

There are many reasons to take a moment to make a planned gift. Some include:

- **Lasting Community Impact**
- **No Cost Now**
- **Tax Benefits**
- **Leaving A Legacy**
- **Committing To Personal Philanthropic Goals**

Ways To Make A Planned Gift

We encourage you to consult with your financial advisor about what options might be best for you based on your long-term philanthropic goals and objectives. The Alcott Center currently accepts two types of planned gifts: Gift through your Will (Bequest), and naming Alcott as a beneficiary of your IRA Assets, or 401(K) / 403(B) Retirement Plan. Sign up for our newsletter, or contact Dante Cipponeri at dcipponeri@alcottcenter.org for more information.

Information provided is general in nature. It is not intended to be, and should not be construed as, legal or tax advice. The Alcott Center does not provide legal or tax advice.

2024 IN PICTURES...



**CONTINUED ON
NEXT PAGE...**

2024 IN PICTURES

LEGEND



6



7



8



9



10



11



12



13



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15



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17



18

1. UMCRC Program announcement at City Hall
2. Impact of Color Fundraiser
3. Ameriprise corporate volunteer event, making Hygiene Kits for clients
4. Giving Tuesday volunteer event, making Welcome Home baskets for clients, including personalized artwork on mini canvases (pictured)
5. Staff celebrate Alcott's 45th anniversary
6. Clients and staff at Alcott's Interim Housing program pose for a photo
7. Keller Williams corporate volunteer event, making Hygiene Kits for clients
8. Clients in one of Alcott's group mental health classes have a pizza party at the park
9. Attendees make art for clients at Alcott's Impact of Color fundraiser
10. Interim Housing clients receiving educational training
11. Alcott staff's gingerbread house competition winners
12. Attendees line up for Alcott's May Mental Health Awareness Fundraiser in partnership with Yelp
13. Staff training
14. Client moves into housing
15. Interim Housing clients play flag football
16. 73 Welcome Home baskets made by volunteers for Giving Tuesday
17. Volunteer event with UCLA sorority Kappa Alpha Theta, making hygiene kits
18. LNW Advisers corporate volunteer event, making Welcome Home baskets for clients.

HOW CAN YOU HELP?

With the support of our community and donors we have been able to expand and grow our services to the level it is today. We would like to express gratitude for everyone that has supported us. As we move forward, we are anticipating a greater need for support in order to ensure the needs of our clients are taken care of. We would love to invite you to support the Alcott Center through:

- Volunteering
- Donating (please consider becoming a monthly donor)
- Attending our Fundraising Events
- Following us on Instagram and Facebook



@alcottcenter_



www.alcottcenter.org



development@alcottcenter.org



Gather your friends, family and coworkers to make Welcome Home baskets for community members who are getting housed, in many cases, for the first time in decades.